

# LANGFORD MINOR FASTBALL ASSOCIATION

LOOKING FOR A LOW COST, CHALLENGING, SPORT  
FOR YOUR CHILD? THINK ABOUT

# FASTBALL



## BENEFITS

SELF DISCIPLINE  
ATHLETIC SKILLS  
PHYSICAL FITNESS  
GOOD SPORTSMANSHIP

## COST

5- 8 YRS \$45.00  
9 - 19 YRS \$90.00  
UNIFORMS PROVIDED  
FREE WINTER CLINICS



## COMMITMENT

MARCH TO JUNE  
WEEKLY PRACTICES  
GAMES & TOURNAMENTS

## PROGRAMS

BOYS & GIRLS  
AGES 5 TO 19  
ROOKIES TO PRO'S

YOUR FRIENDS ARE PROBABLY ALREADY PLAYING



MORE INFORMATION AT

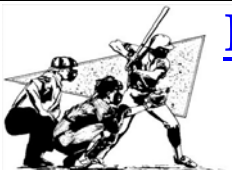
[LANGFORDFASTBALL.CA](http://LANGFORDFASTBALL.CA)



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## OFF SEASON OPEN PRACTICE

<p><b><u>GIRLS GYM CLINICS</u></b> <b><u>Mondays</u></b> Jan 4 To Feb 22 David Cameron School Mite 6 - 7 P.M. Squirt 7 - 8 P.M. Peewee 8 - 9 P.M. Bantam/Midget 9- 10 P.M.</p>	<p><b><u>PITCHING CLINICS</u></b> <b><u>Tuesdays</u></b> Jan 5 - Feb 23 David Cameron School Mite 6 - 7 P.M. Squirt 7 - 8 P.M. Peewee 8 - 9 P.M. Bantam/Midget 9- 10 P.M.</p>	<p><b><u>BOYS GYM CLINICS</u></b> <b><u>Thursday</u></b> Jan 7 To Feb 25 Ruth King School Mite 6 - 7 P.M. Squirt 7 - 8 P.M. Peewee 8 - 9 P.M. Bantam/Midget 9- 10 P.M.</p>
<p><b><u>PRE-SEASON</u></b></p>		
<p><b><u>REGISTRATION DIVISIONS</u></b> Mite 2001/2000 Squirt-1999/1998 Peewee-1997/1996 Bantam-1995/1994 Midget-1993-1991 <b><u>REGISTRATION DATES</u></b> Saturday, January 30 Sunday, January 31, 2010 Saturday, February 6 Sunday, February 7, 2010</p>	<p><b><u>LEARN TO PLAY</u></b> Mon Mar. 15/ 22/ 29 Apr. 5 David Cameron School <b><u>LEARN TO PLAY 1</u></b> (2005/ 2004) 6 P.M. - 7 P.M. <b><u>LEARN TO PLAY 2</u></b> (2003/2002) 7 P.M. - 8 P.M.</p>	<p><b><u>EVALUATIONS B-TRYOUTS</u></b> Feb 27 &amp; 28 &amp; Mar 20 &amp; 21 Centennial Park "Players Intending To Play B Or Higher Must Attend One Of These Dates" <b><u>C-EVALUATIONS</u></b> MARCH 27 &amp; 28 Centennial Park "C-teams will be chosen based on these evaluations"</p>
<p><b><u>LANGFORD FASTBALL GEAR BANK</u></b> LANGFORD FASTBALL IS CREATING A GEAR BANK TO HELP OFFSET COSTS FOR THOSE WHO NEED IT. IF YOU HAVE USED GEAR (CLEATS, GLOVES, BATS, HELMETS, ETC) IN GOOD CONDITION PLEASE CONTACT AL BEASLEY AT <a href="mailto:beatle1@shaw.ca">beatle1@shaw.ca</a></p>		



## **INFORMATION AND SCHEDULES AT**

**[WWW.LANGFORDFASTBALL.CA](http://WWW.LANGFORDFASTBALL.CA)**

